

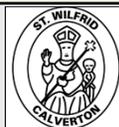
# The Parish Church of St. Wilfrid Calverton

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Tony Burroughes
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### **Sunday Services (see page 4 for full details)**

- 8.30am Holy Communion (BCP)  
10.30am Morning Worship, Creche & Sunday Club  
(Holy Communion 2nd & 4th Sundays)  
6.00pm See page 4 for rota of services



# St. Wilfrid's Church Parish Magazine

*Kath's column*  
Page 10 and 11

*Battling our demons*  
Pages 12-13

*Prayer Notes*  
Pages 14 -15

*Rays Poem*  
*The Village Get*  
*Together*  
Page 19

*Arise, shine, for your light has  
come, and the glory of the LORD  
has risen upon you.*

*Isaiah 60:1*

**Our Faith**

*July, August and  
September 2017*

*From the Registers*

*Baptisms:*

Edward James Clifton, Charlotte Guise,

*Weddings:*

Vow renewal of Paul & Julie MacPherson

*Funerals:*

Brian Meakin, Betty Storer, Joyce Palmer

Our volunteer distributors will attempt to collect the annual subscription of £5 when delivering the magazine.

Alternatively please place your name and address inside an envelope along with the £5 subscription.

Please mark the envelope **2017 Parish Magazine subscription** and place the sealed envelope on the collection plate in church.

**St. Wilfrid's PCC Members**

**Church Wardens**

J Anderton & Jill Howard

**Deputy Church Wardens**

Allan Ball & Tony Burroughes

**PCC Members**

J Davies, A Wood, K Elliott, V West, J Anderton, C Hirst, A Wade, K Howard, J Howard, P Howard, J Shaw, J Bowmar, P Cansfield, R Cansfield, T Burroughes, J Johnson

**Deanery Synod Reps**

P Howard R Cansfield J Davies

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Thanks to Mikel Rice (See Genesis 6-8) 10-06-2004

GEE DAD ... I HOPE THAT PEOPLE IN THE FUTURE WONT BE LOOKING FOR THIS ARK

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## A Letter from the Clergy Team



### Living on a prayer.....

So the summer is upon us, well a typically English one anyway when we never quite guarantee what the weather is going to do. This summer though, as I find myself enjoying the dawn chorus and beautiful garden I have gained with this new role, I am discovering more and more the guarantee that

while I may not be able to predict the weather I can predict that God is there, listening to my prayer and directing my path, my choices and decisions, my life.

Bon Jovi famously sang 'Whoa, we're half way there, whoa we're living on a prayer. Take my hand and we'll make it I swear, whoa, living on a prayer'

How much of our lives really are living on a prayer, when the busyness and the planning takes over, life becomes complicated and decisions need to be made – these are the most important times to live on a prayer and are often the times when prayer becomes the last thing we do.

In the film "Shadowlands" C.S. Lewis when speaking to his colleague about what he prays says this: 'I don't pray to change God's mind, I pray to change mine'. These words have stuck with me over the years when I have thought about prayer and the many ways we can pray both together as a people of God and individually. Each time I come to God, conversing with him about life, the universe and everything I take a small step closer to my maker and redeemer. I could tell you which deodorant my husband prefers simply because I have spent 19 years with him, knowing his preferences and learning about him. Spending time with God through prayer, reflection and bible study helps us to know, not which deodorant he uses, but where he is leading and guiding.

Knowing God more enables us to pray more effectively, to use the journey analogy; if you know where you are going you are able to get ready, to plan and to pack appropriately. Trying to get to America without your passport is jolly hard work, God wants to walk with us along our journey of life and loves to have a relationship, a friendship with his children.

*Cont'd over*

## A Letter from the Clergy Team cont'd

Prayer changes lives, bringing God into the midst of situations enables peace, perseverance, strength, over the course of my life I have seen God heal, provide, change situations, change me - all through me and others on my behalf spending time talking with Him.

Asking God can only makes things better, James says we don't have because we don't ask (James 4:2), Paul tells us not to worry about anything but to let our requests be known to God through prayer and petition with thanksgiving (Philippians 4:4-8) and Jesus promises that we won't be given a stone if we ask for bread but that God will give us so much more than we ask for (Matthew 7:6-11).

Prayer is for everyone and we have been given permission to approach God's throne of grace with boldness and confidence (Hebrews 4:16), so as we travel through this summer taking time to enjoy the sun, the wildlife, family and friends let's be bold in asking and listening for where God is leading us.

And when we don't know what to pray simply pray this – it covers life!

“Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one.

(Matthew 6:9-13) *Rev. Sam Hustwayte*

*Rev. Sam Hustwayte*

## Bible Facts

About 50 Bibles are sold every minute. It is the world's best-selling book. Some 1 billion copies of Bibles have been sold.

There are about 34,000 Christian denominations in the world.

The Bible was written in three languages: Hebrew, Aramaic, and Koine Greek.

Dogs are mentioned 14 times in the Bible, and lions 55 times, but domestic cats are not mentioned at all.

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## CALL FOR ARTICLES

If you have any articles  
and images for the  
next issue of the  
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them to the Parish  
Office or drop them  
into the box in church  
by **Monday 4th  
September**

Many thanks.  
***Editorial Team***

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## Services at St. Wilfrid's



- Sundays: **8.30 am** Holy Communion  
**10.30 am** 1st Sunday All Age Worship  
 2nd Sunday Holy Communion  
 3rd Sunday Morning worship  
 4th Sunday Holy Communion  
 5th Sunday Morning Service
- 6.00 pm** 1st Sunday Holy Communion  
 3rd Sunday Evening Prayer  
 5th Sunday Evening Service
- Monday: **8.45 am** Morning prayer
- Thursdays: **11.00 am** On the first Thursday of each month there is a Holy Communion.

## Weekly events at St. Wilfrid's

- Mondays 12 noon Lunch club at the Top Club - for a lift to the Top Club call 07714 779 783
- Tuesday 10.00am Banner Group 20 Old Hall Close  
 7.30 pm Bell Ringers in Church - for details contact John Bowmar on 0115 8479 899
- Wednesday 1.00pm Bus outing - ring 07714 779 783 for a pick up  
 2.00pm House group at 16 Church Meadow  
 7.30pm House group at 12 Broom Road  
 7.30pm House group at 38 Park Road  
 7.30pm House group at 4 Oxgang Close  
 7.45pm House Group at 13 Bonner Lane  
 7.45pm House Group 38 Renals Way
- Thursday 1.30 pm Bereavement group (Fortnightly)  
 Thursday 3.00pm Afternoon Tea in Church  
 Thursday 4.00pm Youth Music Group in Church  
 Thursday 7.30pm Youth Club—activities, game and tuck shop in Baptist Hall in the Nook

## Diary of other events

### June

Weds 28 <sup>th</sup>	3:00pm	Springwater service
Thurs 29 <sup>th</sup>	1:30pm	Bereavement group in church
	7:30pm	Youth Group in Church

### July

Tues 4 <sup>th</sup>	6.30pm	Sam's open evening in church
Thurs 6 <sup>th</sup>	11:00am	Communion in Church
Sat 8 <sup>th</sup>	9:00am	RNLI silent auction
Mon 10 <sup>th</sup>	3:30pm	Messy Church
Thurs 13 <sup>th</sup>	1:30pm	Bereavement group in church
Fri 14 <sup>th</sup>	3:00pm	Wedding of Matthew Caulton & Amelia Sargent
Sat 15 <sup>th</sup>	2:00pm	Wedding of Glenn Sheppard & Lynn Shields
Mon 17 <sup>th</sup>	7:00pm	PCC
Tues 18 <sup>th</sup>	1:30pm	Salterford School in Church
Weds 19 <sup>th</sup>	1:30pm	Salterford school in Church
Tues 25 <sup>th</sup>	6:30pm	Music group practice
Weds 26 <sup>th</sup>	3:00pm	Springwater service
Thurs 27 <sup>th</sup>	1:30pm	Bereavement group in church

### August

Thurs 3 <sup>rd</sup>	11:00am	Communion in Church
Thurs 10 <sup>th</sup>	1:30pm	Bereavement group in church
Tues 15 <sup>th</sup>	Bell toll for the falling of Herbert Turton 1917	
Weds 23 <sup>rd</sup>	3:00pm	Springwater service
Thurs 24 <sup>th</sup>	1:30pm	Bereavement group in church
Weds 30 <sup>th</sup>	Bell toll for the falling of Nelson Brown 1917	
Thurs 31 <sup>st</sup>	3:00pm	Afternoon tea in Church

## Ray's Poem

### The Village Get Together.

The day of the village get together,  
Few like it can be brought to mind,  
This one was quite unusual,  
For a change, the weather was kind.



Village folk turned out in their hundreds  
To flock to the Labray field  
Where they enjoyed the varied  
entertainment  
And browsed to see what the stalls would yield.

Each one is run for a very good cause  
By the many groups and charities,  
Each one is catered for,  
The plants are a favourite with me.



Photographs of the village many years gone  
by,  
If it's nostalgia you want it's there.  
Faces and places from the past  
And memories we love to share

Time for a cup of tea and cake  
To refuel us for the fray;  
We watch the activities in the ring,  
Then the highlight of the day.

Spitfires flying overhead,  
Memories rekindled again,  
So many debts are owed to them,  
A much loved little plane.



The children are beginning to tire,  
Just time for one more lucky dip,  
If they win a prize it's a bonus  
To make this a memorable trip.

*Ray Laverick.*

## Word for Today

### Help for Anxiety and Depression (2)

*'My anxious thoughts multiply within me'*

Psalm 94:19 NAS

Your thought-life can be the incubator for anxiety and depression, so understand this:

- 1) Your thoughts are yours! 'My anxious thoughts multiply within me.' You conceive, interpret, assign meaning to, accept or reject them. So be decisive about which thoughts are, or aren't, helpful.
- 2) You become what your thought-life makes you (Proverbs 23:7 NAS). It's not your circumstances, it's your thoughts about your circumstances that produce your emotions. Your thoughts trigger biochemistry that determines your feelings, their duration and their intensity. When you begin to think differently you'll feel differently.
- 3) Your thoughts are prolific. The Psalmist said they 'multiply' within you. Random thoughts may be temporarily upsetting, but they don't produce lasting anxiety or depression. That is the work of persistent thought patterns - negative thoughts that multiply, repeating themselves within you. You must 'take them captive' and 'bring [them] into obedience' to Christ-like thinking in order to control your feelings (2 Corinthians 10:4-5).
- 4) You must 'Let the Spirit renew your (individual) thoughts and attitudes (habitual mind-set)' (Ephesians 4:23 NLT). Submit your thoughts to God's Spirit, allowing Him to approve or renew (replace) them with His thoughts. Anxiety and depression cannot continue to control you when you give God control of your mind.
- 5) People can contribute to your anxiety and depression. They can make you want to live - or die! (Proverbs 18:21). They can reduce or increase your anxiety and depression. Avoid those who speak discouraging words, and spend time with those who speak '...a good word [that] makes [your heart] glad' (Proverbs 12:25 NAS).



Num 25-26, Matt 17:1-13, Ps 36, Pr 5:21-23

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## September

Tues 5th	6.30—8.30pm	Sam's Open evening in Church
Thurs 7th	11:00am	Communion in Church
	1:30pm	Bereavement group in church
Mon 11th	3:30pm	Messy Church
Thurs 14th	3:00pm	Afternoon tea in Church
Mon 18th	7:00pm	RNLI fashion show in Church
Weds 20th	3:00pm	Springwater service
Thurs 21st	1:30pm	Bereavement group in church
Sat 30th	9:00am	WI coffee morning in church

## October

Thurs 5th	11:00am	Communion in Church
	1:30pm	Bereavement group in church
Mon 9th	3:30pm	Messy Church

Please note that these dates are correct at time of printing. Any alterations will be published in the notice sheets or if possible in future magazines)

*For up to date current and future events please see  
<http://stwilfrids-church.co.uk/>*

### Open evenings in Church

Sam is going to have a regular evening in church for anyone to pop in. While Sam is very happy to come and see anyone at home, this is simply an additional opportunity to chat, pray, book a wedding or anything else you might think of. If you would like to book a specific time slot (6.30—8.30) please let Esther know.

## Apologies

Please accept my apologies that some of the articles last month had the bottom couple of lines missing.

This was due to compatibility problems with the editing program used by myself and the Church Office when printing, which we were unaware of until too late.



## Church Notices

**Flowers** If you would like to make a donation towards the flowers for any special occasion or as a mark of remembrance please contact Valerie Taylor on 8473718



### Are you living with grief? Bereaved or lonely?

A support group meets fortnightly in St. Wilfrid's Church at 1.30pm

Thursday 29th June  
Thursday 13th July and 27th July  
Thursday 10th and 24th August  
Thursday 7th and 21st September



### RNLi Silent Auction

Saturday 8th July

### RNLi Fashion show

In Church  
Monday 18th September  
At 7.00pm



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## CODEWORD CROSSWORD

Codeword crosswords are a different type of crossword puzzle in which conventional clues are omitted. Instead, answer words in the diagram are represented by numbers. Each number represents a different letter of the alphabet but not all letters of the alphabet are used.

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	R	17	18	19	20	21	22	E	24	25	26
						A				G		

Codeword Puzzle No.1

7	10	20	23	10		11	2	13	3	21		18	20	5
13		6			22		14			13	3	10		10
12	10	14	24	2	11		22	23	20	18		11	20	7
10		10			20	22	22		21		23			13
3	10	26	14	10	16			10	21	11	3	4		22
	21		1		16	10	10	5			10			10
26	13	13	1	22				10	22	23	20	7	10	5
	23		13			16	17	21			11		19	
11	2	10	3	10	11	13				7	14	21	23	2
14			11			20	18	18	20		13		10	
1		18	20	18	10	26			24	10	21	11	26	10
13			26		26		2	10	3			10		24
11	17	18		12	14	21	10		10	1	7	26	13	4
2		20	5	13			20		10			10		7
4	10	20		21	20	14	26	22		11	10	1	7	11

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More Puzzles at: <http://biblewordgames.com>

Answers in the next issue

## Ha ha!



**Q. How do you make Holy Water?**

A. Get regular water and boil the devil out of it.

**Q. How long did Cain hate his brother?**

A. As long as he was Abel.

**Q. At what time of day was Adam created?**

A. A little before Eve.

**Q. Why did God create man before woman?**

A. Because He didn't want any advice on how to do it.

**Q. Where is the first math homework problem mentioned in the Bible?**

A. When God told Adam and Eve to go forth and multiply.

**Q. Why did Noah have to punish and discipline the chickens on the Ark?**

A. Because they were using "fowl" language.

**Q: Where is medicine first mentioned in the Bible?**

A: When God gave Moses two tablets.

**Q: What's the best way to study the Bible?**

A: You Luke into it.

**Q. What kind of man was Boaz before he married Ruth?**

A. He was Ruthless.

**Q. What kind of motor vehicles are in the Bible?**

A. Jehovah drove Adam and Eve out of the Garden in a Fury. David's Triumph was heard throughout the land. Also, probably a Honda, because the apostles were all in one Accord.

**Q. Who was the greatest comedian in the Bible?**

A. Samson. He brought the house down.

**Q. Which servant of God was the biggest lawbreaker (sinner) in the Bible?**

A. Moses. He broke all 10 commandments at once.



## WI Coffee Morning

*In Church*

*Saturday 30th September*

At St Wilfrid's Church

**Monday 10th July and  
11th September**

**3.30 — 5.15pm**

All ages welcome

*St Wilfrid's Messy Church is now on Facebook! For all of our latest news and to keep in touch with each other please find us by searching*

*"Messy Church St Wilfrid's  
Calverton"*

Come and join us for



## Can YOU Help?

If anyone can help regularly or now and then at Messy Church please contact Kirsty ([kirstycroft@hotmail.co.uk](mailto:kirstycroft@hotmail.co.uk)) or one of the Messy Team.

We'd really appreciate any help you could offer either for a craft, food, drinks, set up/tidy away etc.

Thank you!

## Kath's Column



John Richards has never had a proper organ lesson in his life. But this year he will have played in every cathedral in Great Britain, on all 94 organs. When he started out it was never his intention to break any records at all. What an achievement!

### Changes

So many things happening all around us at the moment. I can hardly keep up. Some will be for the greater good, others may not be. It will all depend on where we are standing, or do we really care about everyone else or just our own view of the world.

Change is not always welcome and not always necessary, but at times we may have to accept what has altered and may after all be for the best. But admitting we can be wrong is a hard pill to swallow. Looking for something of interest for the magazine, I came across this:-

"Robes for Vicars may be surplus to requirement". This at the moment is a proposal yet to be put in being. But vicars would have to ask the approval of their church council. This would be a controversial change for many to consider. I am sure there may be many opinions about it.

### Pentecost

I awoke this morning to a glorious sunny morning thinking of the Sunday service to come. But in a moment, the joy I had been feeling, crashed. Once more the news of another terrorist attack on London Bridge. In an instant the day took on a bleak feeling of, "Oh no not again". Where do we go again! Obviously praying for God's help through the Holy Spirit. It is the Pentecost.



It came to my mind what are all the Muslims that are caring loving people, what do they feel today. I realised they are feeling the same as me. It is all humanity that is under attack. How sad it is that those young people who carried out these attacks could not find the good and loving parts of their faith to put into practise.

### Children and young people

- For those in our own congregation finding faith, and those that support them
- For teachers, parents, careers advisors, and all supporting young people through the changes in life

### The General Election

- For all those standing for election locally and for ourselves as we listen to what they have to say, that we may be guided to good decisions and elect good leaders.
- That God will raise up leaders of integrity who look to work for the good of all, and will empower those who gain office to make wise decisions and choose the right course of action.

Those on our prayer list and any specific requests known to us

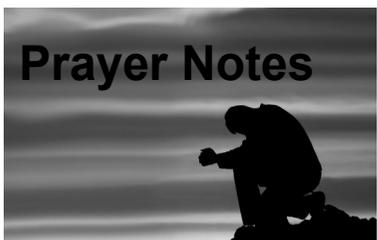
## Puzzle

### How are the following Bible characters related?

1. Cain and Abel (Genesis 4, especially v.8)
2. Abraham and Isaac (Genesis 21, especially v.3)
3. Mary and Martha (Luke 10:38,39)
4. Aquila and Priscilla (Acts 18:2)
5. Moses and Aaron (Exodus 4:14)
6. Eunice and Lois (2 Timothy 1:5)
7. Peter and Andrew (Matthew 4:18)
8. Ananias and Sapphira (Acts 5)
9. Joseph and Benjamin (Genesis 42:3,4)
10. David and Absalom (2 Samuel 18:33)

**Answers** 1. (brothers) 2. (father and son) 3. (sisters) 4. (husband and wife) 5. (brothers) 6. (daughter and mother) 7. (brothers) 8. (husband and wife) 9. (brothers) 10. (father and son)

## Prayer Notes



Each month we pray for aspects of our church life (*Worship, Fellowship and Outreach*), the needs of *our community and the wider world*. We pray that God's kingdom will come, His will be done here on earth as it is in heaven. During June and July, we are praying specifically for:

### The Worship Group

- That God would continue to inspire our worship so that we can continue to inspire others
- For a continued sense of unity and mutual support as the group works through personnel changes so that we can continue to provide the musical support to the church
- Although we are not performers, wisdom as to how we use our gifts so as to be able to give of our best

### Hospitality

- That we may continue to be able to extend a heartfelt welcome through our practical ministry to members, newcomers, young and old
- That God will prosper the events we serve, such as Alpha, special services and coffee mornings
- For continuing support and new helpers for all our events including moving furniture in the church before and after the event
- Appropriate facilities such as storage to enable us to carry out this ministry

### Youth Drama Group

- The leaders and all involved in supporting our young people including Chris Hirst, Paul Howard and April Wood
- This work to continue in its ministry to reach the young people of our village to provide a safe place for them to be and develop
- More volunteers to help lead and run the group.

### Children and young people

- Children who find exams particularly stressful—that they will be able to keep a balanced perspective on life and have the support they need to do well
- For those worried about the future and how they will make their way into the wider world

We have so much in common that we all share as human beings. The same God made us all, he loves us as his children, not just for the faith we hold but that we love each other.

We desperately need the Holy Spirit to be in all our deeds.

May the road rise to meet you.  
May the wind be always at your back.  
May the sun shine warm upon your face.  
May the rain fall softly upon your fields and until we meet again,  
May God hold you in the hollow of his hand.  
Rebuild our broken lives, O God, and give us the courage to be.  
Amen.

*Taken from Rebuilding by David Bryant*

*With every blessing, Kath*

*Follow Kath on our church website at*  
<http://www.stwilfrids-church.co.uk/>



*Lest we forget*

## First World War Centenary 2014—2018

Remember the following on these dates who died 100 years ago in WW1, sons of this village

10 Aug 1917	John Thomas Wright
15 Aug 1917	Herbert Turton
30 Aug 1917	Harry Wright
10 Oct 1917	Nelson Brown

*The church bells will be rung in remembrance on this date.*

## Battling our demons

'Battling demons' is not a phrase I particularly like, but I seem to hear it more and more recently. It seems to strike a chord with many who suffer from mental anguish who express their struggle in this way. However, it also taps into a medieval imagery of mental illness that has spiritual overtones, casting people as morally deficient, even dangerous, to be locked away rather than helped.



Perhaps more humane, but equally unhelpful, is the idea that depression is (as with Emily Bronte's brooding *Heathcliffe* in *Wuthering Heights*) somehow romantic. The myth goes that artists are usually sensitive, moody and melancholy. We link this with the gothic, the bohemian, the icon of the loner-rebel.

This misconception convinces some people that depression is just part of their personality, such that seeking treatment would mean being somehow less themselves, less thoughtful, less creative. In reality, the experience of depression couldn't be further from the creative, the romantic, the passionate. For clinical depression, unlike the emotion of sadness, works only to devalue and destroy the self. It is welcome that Princes Harry and William have recently been talking personally of their own struggles. Their straightforward account, neither sensationalising nor minimising their difficulties, should help us all to pause for thought, and reduce the kind of



negative interpretations that get transferred to the many of us who suffer but are reluctant to admit it. Our Diocese, through its Mental Awareness Guides initiative, is also committed to tackling the stigma of mental illness, and helping to make our churches more inclusive, safe and friendly places.

In the Bible (1 Kings 19), we read of how the prophet Elijah came through a period of depression. His experience was perhaps hard to explain. For no apparent reason, he goes from having supreme confidence to challenge the prophets of Baal, to running and hiding for his life. He becomes convinced he is a failure. With his energy spent, he lies under a broom tree and prays he might die.

In this story we go on to see God's care. God allows him to sleep. After rest, God provides him with bread and water, and then more rest, more bread and water and more rest, restoring Elijah's body. Then strengthened by that food, God brings him to a mountain place. There he has a dramatic experience of God, and is able to recognise God's greatness, not in the powerful storm, but in the intimate personal whispering voice that demonstrates God's care for him.

All the negative thoughts pour out. Elijah complains: "I have stuck my neck out for you God, but it's all been a waste of time because the Israelites haven't listened. They murder your prophets, they are coming after me, and I am the only one left!" But God shows him his assessment is not right. He is not the only prophet of God. In fact, there are still many thousands, and also those who are prepared to defend them and take up the cause.

Perhaps we could draw a lesson or two from this story for ourselves. Mental illness, when it strikes may not have an obvious cause, but often is associated with exhaustion. Perhaps the first thing to do is to recognise that we need physical restoration. This may simply be rest or time out, but may also mean seeking medical help.

Elijah benefitted from retreat. In a safe place he had a renewed experience of God. The reality of this helped to outweigh the negative mental world he had been living in, and opened him up to re-examining the facts of his situation. Perhaps it is when we are down that we least feel like, but most need, to reach out to God and to experience him afresh.

Honestly reviewing our situation often shows it not to be quite what, in our depressed state, we have come to believe. This too can help. Just as Elijah was encouraged to act on the basis of a more accurate view of the world, having the courage to live in the reality of our situation is a step to recovery.

Perhaps most importantly, when we feel that we are 'battling demons' (by which I mean a state of mental anguish) we must remember that God loves us and cares for us deeply. We are never a failure, lost, or a lost cause to him.

Peter Cansfield  
June 2017.